


# Vocabulary Building Cards

Based on the book *Kick Block Punch*  
by Jacquie Hann



*Pretty Please*  
P R E S S

<p> a reply to a question or a correct response</p> <hr/> <p><i>fold on dotted lines</i></p> <p><b>answer</b></p> <p><i>noun</i></p>	<p>in karate, a band of material worn around the waist, signifying a level of skill</p> <p><b>belt</b></p> <p><i>noun</i></p>	<p>in karate, to interfere with an opponent's move</p> <p><b>block</b></p> <p><i>noun</i></p>
<p>to incline the head or body in a greeting or acknowledgement</p> <p><b>bow</b></p> <p><i>verb</i></p>	<p>a show of merit or accomplishment to an audience</p> <p><b>demonstration</b></p> <p><i>noun</i></p>	<p>in karate, a sequence of attacks or blocks that increase with difficulty at each level</p> <p><b>form</b></p> <p><i>noun</i></p>
<p>to take or seize by a sudden motion or grasp</p> <p><b>grab</b></p> <p><i>verb</i></p>	<p>to move along with difficulty, as with a limp</p> <p><b>hobble</b></p> <p><i>verb</i></p>	<p>an ancient martial art that uses mind and body for self-defense</p> <p><b>karate</b></p> <p><i>noun</i></p>

# Vocabulary Building Cards, page 2

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 in karate, to strike out with the foot or feet in a controlled environment	to perform repeatedly so as to become proficient	to strike with a forward thrust, especially with the fist
<i>fold on dotted lines</i>		
<b>kick</b> <i>verb</i>	<b>practice</b> <i>verb</i>	<b>punch</b> <i>verb</i>
to voice a sudden, sharp, loud cry	to strike or knock hard	in karate, to defend oneself in a series of kicks, blocks, and punches
<b>scream</b> <i>verb</i>	<b>slam</b> <i>verb</i>	<b>spar</b> <i>verb</i>
a person unknown or an intruder	to reach out or extend one's limbs or body	something used to injure, defeat or destroy
<b>stranger</b> <i>noun</i>	<b>stretch</b> <i>verb</i>	<b>weapon</b> <i>noun</i>